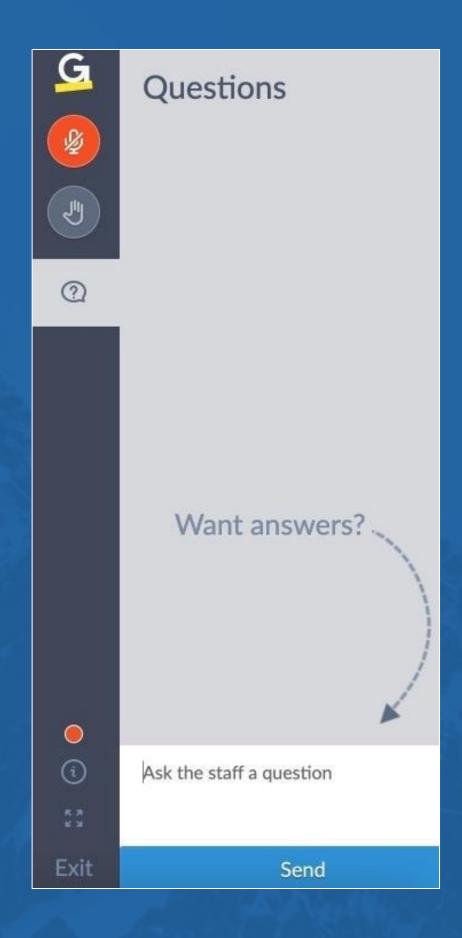
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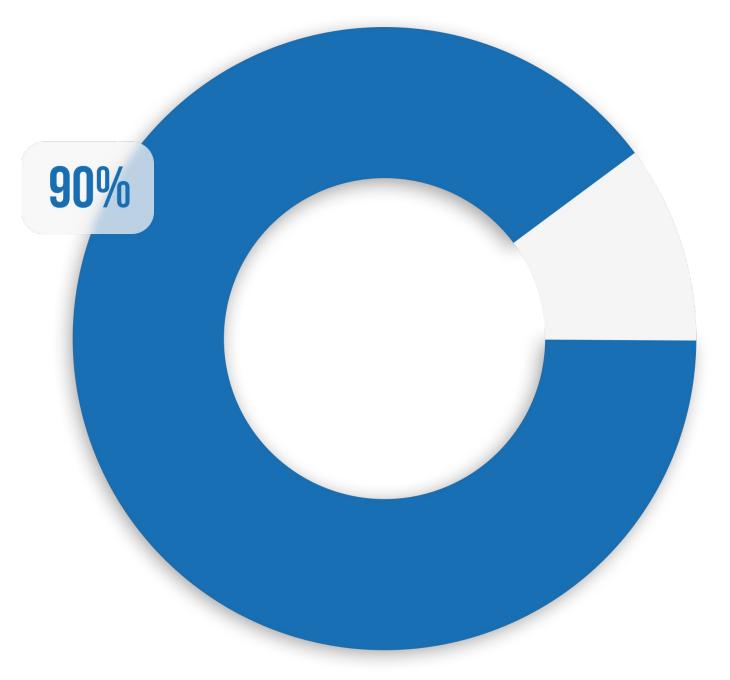


Webinar Notes

- If you have any questions, please navigate to the GoToWebinar chat panel
- A link to the presentation recording and slides will be emailed to you tomorrow
- Questions after the webinar is over? Reach us at sales@powerdms.com







Source: Police Executive Research Forum

Improving Officer Wellness

In a survey of **8000** officers, **90%** reported **negative stigma** as the main barrier to getting support.

Because of this, less than 1 in 5 seek support



Presenters



Chief Chris Debbie
Former Chief of Police, Union County,
NJ



Chief Paul Pazen
Former Chief of Police, Denver, CO



Scott MacDonald

General Manager of Public Safety
at NEOGOV

Co-founder/CEO of CueHit



Overview

- **01.** Improving Officer Wellness
- **02.** Low Morale and Burnout
- 03. The Community Relationship



Best practices for officer wellness



- Leadership sets the tone
- Initiate conversations around officer wellness
- Provide resources officers feel comfortable using
- Strategies to manage stress on and off the job.
- A comprehensive wellness approach including physical fitness, nutrition, and sleep.



Managing stress on the job

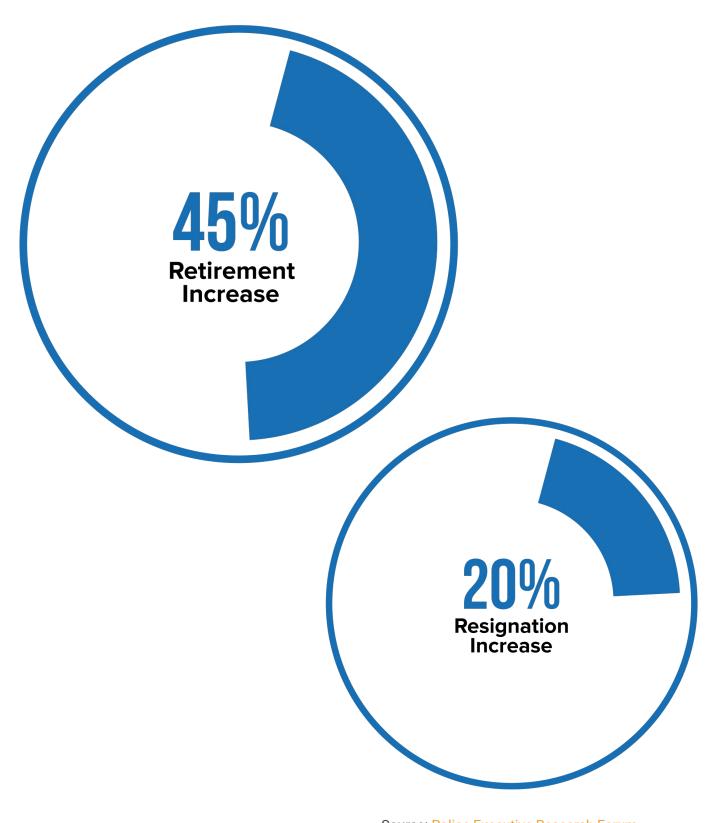


Preventative measures to help avoid officer burnout:

- Stress management
- Exercise and diet
- Sleep habits
- Connect with other officers
- Engage in personal time







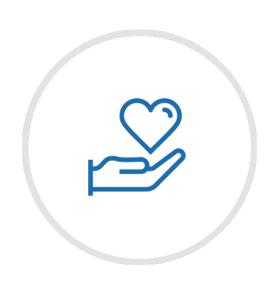
Low Morale & Officer Burnout

Dallas PD is running an incentive program offering a \$40,000 payout to officers that complete 30 years of service.

Over the past several years, law enforcement has seen up to a **45%** increase in retirements and a **20%** increase in resignations in surveyed agencies.



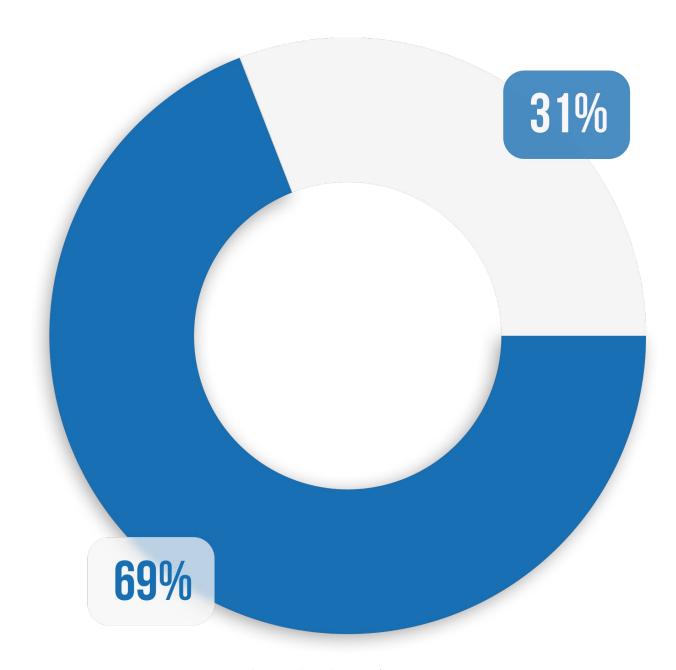
Best practices to improve morale



- Positive Reinforcement
- Praise in public, critique in private
- Open up communication channels
- Provide tools to manage stress and anxiety
- Share community appreciation







Source: Pew Research Center

Building the Community Relationship

In a survey of nearly **15,000 U.S. adults**, **69%** reported they have a fair amount of confidence in the police.

31% reported they don't have much confidence at all.



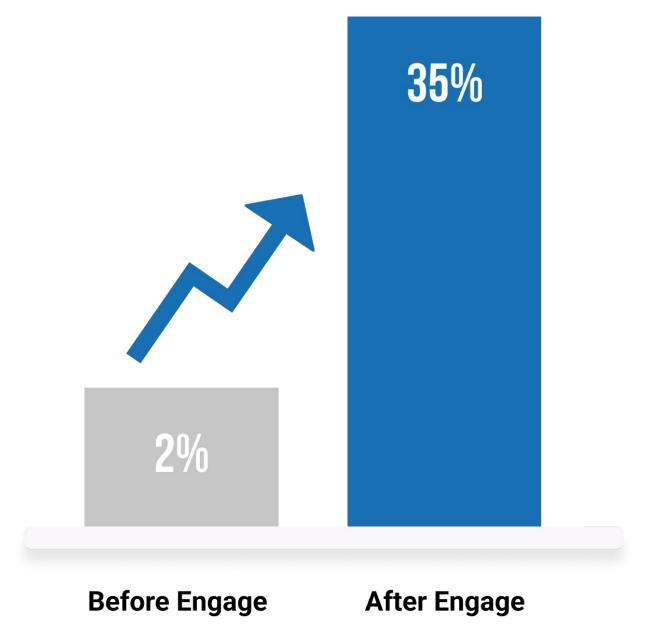
Best practices to improve the community relationship



- Effective citizen engagement
- Be visible in the community in a non-enforcement capacity
- Discuss the challenges you're facing with your community
- Be transparent and accountable
- Take steps to improve cultural competency



Survey Response Rate



Lake Worth PD Results

Effective citizen engagement tools

Lake Worth PD was able to go from a **2% response rate** using paper and online surveys to a **35% response** rate with Engage.





J.T. Manoushagian, ... Chief of Police || FBINA 283

+ Follow

The new text message feedback tool Lake Worth

Police Department is using is LIVE, and the results
have been incredible.



"Explained what she could do thoroughly, gave us a card, also very professional."

"The officer was great, arrived in a timely manner and was very helpful"

Effective citizen engagement tools

PowerEngage receives an average 37% survey response rate (3x the average)

90% of PowerEngage customers receive a 90%+ citizen positive satisfaction score.





Resources

- PowerLine Resource Center
- PowerEngage Resource Center
- Free Ebook: How to Address the Top 10 Law Enforcement Challenges of 2023
- Free Guide: Exercises that Help Officers Manage Stress and Avoid Burnout

Power DMS by NEOGOV thank you