

How Arlington PD enhanced their wellness unit with anonymous resources from PowerLine.

Arlington PD (TX)
CASE STUDY



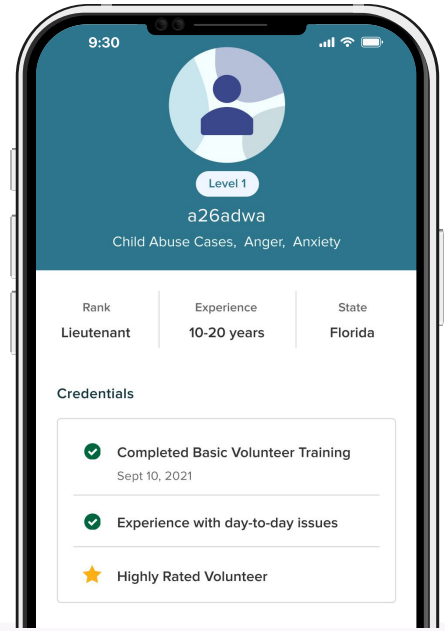
CHALLENGE ONE

Supervisors and officers with extensive time on the force didn't have access to a network of support at their level.

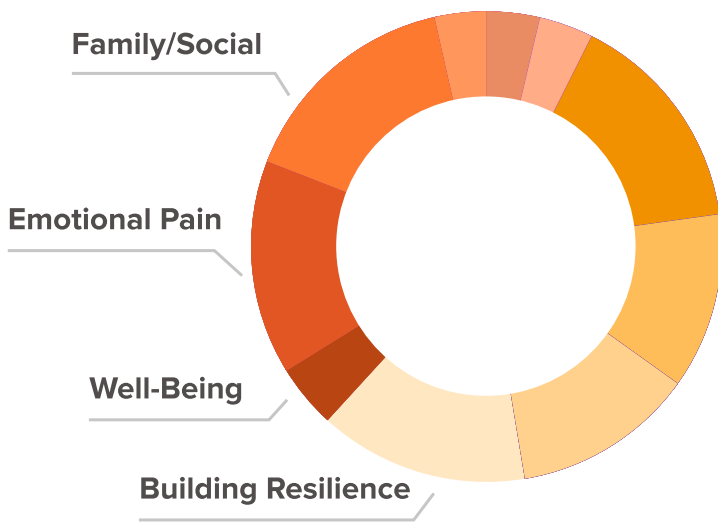
✓ OUTCOME

Everyone in the department – at every level – can match with a peer volunteer through the nationwide network.

“The fact that anyone can reach across the nation and talk with other people by rank and years of experience is extremely beneficial.”



Sample of a peer volunteer profile.



Snapshot of Arlington's dashboard.

CHALLENGE TWO

The wellness unit had no easy or reliable way to identify what topics they should cover.

✓ OUTCOME

Anonymous data in the dashboard helps inform the team's future wellness initiatives.

“We can actually say, ‘Look, we got a lot of people looking up trouble sleeping. Maybe we need to bring out a training on this.’ It allows everyone to have a voice – safely.”

“It's going to **reach a lot of people and save a lot of law enforcement professionals** that can otherwise get so affected by the job, it just ruins their careers.”

Lieutenant Kim Harris
Mental Health and Community Advocacy Commander
Arlington Police Department, TX